

StarBeauty

Body

Samantha has incredibly silky skin — just look at those arms and legs! She recommends massaging a rich body moisturizer into skin immediately after stepping out of the shower. Don't wait: Putting lotion on straight away helps lock in the moisture that's already in your skin from the shower!

Samantha Harris

SAMANTHA HARRIS, 36, is a busy woman, juggling a booming television career and a family too. But that never stops her from looking great! At work, Samantha has makeup artists and hairstylists to help get her camera-ready. And when it comes to her real life, she prims on her own. Her advice? To obtain a safe, healthy-looking sun-kissed glow, Samantha swears by GM Collin self-tanning milk (\$30, available at spas). It's fast-absorbing, so it won't stain clothes. When she can't make it to an exercise class, she works out to fitness guru Patrick Goudeau's DVDs (patrickfitness.com). Here's what else she does — and what you can do on your own — to keep your complexion radiant, your nails in tip-top shape and more.



Hair

Instead of a curling iron, use Velcro rollers to get a voluminous mane. Once you pop them in, your hands are free to do other things. Here, Samantha catches up on e-mail while her waves set!



Nails

Smudges and other polish mistakes are less noticeable in sheer shades. So make like Samantha and apply a pale pink to your nails — no manicurist needed!



Face

Want a radiant complexion but don't have the time to hit the spa or see a dermatologist? Try an at-home peel, as Samantha does. She recommends it once a week.



Eyes

Cucumber depuffs tired eyes. Slice one up, put your head back, gently place over lids and relax!

Samantha's Beauty Secrets!

Entertainment Tonight's Samantha Harris shares easy get-gorgeous moves you can make in the comfort of your own home — no pros required!

Do It At Home!



For silky skin, try: Vaseline Sheer Infusion with Stratys-3 body lotion, \$6.50, drugstores



Samantha's peel of choice: Patricia Wexler M.D. Dermatology exfoliating glyco peel system, \$65, bathandbodyworks.com



For body-beautiful waves: Goody self-holding rollers multipack, \$13, drugstores



Made with cucumber: Ole Henriksen Ultimate Lift eye gel, \$38, sephora.com

For a complete do-it-yourself mani, Samantha loves: Deborah Lippmann Start Me Up kit, \$39, deborahlippmann.com



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One lucky Star reader will win a weekend trip for two to L.A., including a day at a spa, dinner at a hotspot and a visit with Samantha Harris — plus, a silk robe and a year's supply of Vaseline Sheer Infusion with Stratys-3 body lotion — all valued at \$3,000. To enter, log on to starmagazine.com beginning April 16.